

SPRING/SUMMER 2026 MENU

STOP AND THINK!
Have you completed the
double-checking
confirmation sheet?

ALLERGY AWARE -MEAT

This menu is suitable for children with an allergy and/or intolerance within the 14 main EU allergens.

This menu contains **FISH, SOYA, AND SULPHITES.**

If a pupil has a food allergy or intolerance to **FISH, SOYA, AND SULPHITES** they should be provided with an alternative meal or dessert choice from this menu for that day (E.g. SD Tomato Pasta or Jacket Potato)

This menu requires a total of **10 specialist items** to be ordered in, please ensure this is done ahead of go live

Any allergens warning are shown in **RED**

NOTE: All special diet recipes will be noted with 'SD' in front of the recipe. If 'SD' is stated, please ensure you are following the special diet recipe of the dish.

OPERATOR: If selector recipes have been used, please refer to the allergy aware selector menu to align to school's menu please cross check the allergens to ensure no additional allergens are present.

THIS MENU DOES CONTAIN FULLY REFINED SOYBEAN OIL, GLUTEN FREE (GF) OATS AND GF BARLEY MALT EXTRACT BELOW 20PPM

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	Ingredients different from main menu	VMC (ordering code)	Recipe it is present in
1	Gluten Free Pizza Base	5025767	<u>SD</u> Vegan Cheese & Tomato Pizza 93220205
2	Vegan Cheese	132615	<u>SD</u> Vegan Cheese & Tomato Pizza 93220205 Jacket Potato with Vegan Cheese 93227189
3	Gluten Free Pasta	124869	<u>SD</u> Gluten Free Pasta 93163235 <u>SD</u> Tomato Pasta 93171286
4	Gluten Free Fish Fillet	187762	<u>SD</u> Fish Fillet 93166795
5	Gluten Free Plain Flour	114956	<u>SD</u> Shortbread 93221990
6	Rice Crisp	103272	<u>SD</u> Chocolate Crispie 93158451 <u>SD</u> Vanilla Crisp 93161371
7	Gluten Free Oats	188476	<u>SD</u> Banana Oat Bite 93170398
8	Strawberry Frozen Smoothie \ Orange and Mango Frozen Smoothie	32573 / 32572	<u>SD</u> Frozen Fruit Smoothie 93166797/ 93166798
9	Gluten Free Roll	183993	<u>SD</u> Chicken Burger 93170396
10	Gluten Free Wrap	129228	<u>SD</u> Cheesy Bean Burrito 93194976

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HOW TO USE THE ALLERGY AWARE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	<u>SD</u> Vegan Cheese & Tomato Pizza 93220205 with Potato Wedges	Beef Bolognese 93300541 with <u>SD</u> Pasta CONTAINS SOYA 93163235	Roast Chicken 93035093/93037054(FFL) with Roast Potatoes 93035127 and Gravy 93034775	<u>SD</u> Tomato Pasta CONTAINS SOYA 93171286	<u>SD</u> Fish Fillet CONTAINS FISH 93166795 with Chins 93166798
VEG	All main meals are served with two vegetables. NO COLESLAW, MIXED SALAD OR SALAD BAR				
DESSERT	<u>SD</u> Orange Sultana Crispie 93177935	<u>SD</u> Lazy Day Shortbread 93177181	<u>SD</u> Jelly Squeeze 93160356	<u>SD</u> Apple and Oat Bite 93196789	<u>SD</u> Frozen Fruit Smoothie 93166797/93166798

Allergen warnings shown on menu as **CONTAINS**

Additional warnings for 'do not serve items'

Alternative recipes that can be produced daily or by request

Ensure you are using the correct PLU / recipe code shown on Source recipe

AVAILABLE DAILY

- ✓ Jacket Potato with Baked Beans or Vegan Cheese (93034839 / 93227189)
- ✓ SD Tomato Pasta (93171286) **CONTAINS SOYA**
- ✓ Cool Water, Apple, Banana or Orange (93041624/ 93041625 93065473)

ONLY SERVE WHAT IS ON THIS MENU
SD = SEPARATE SPECIAL DIET RECIPE

SD indicates a 'Special Diet' recipe. This is different to the core recipe. These can be made in bulk and frozen.

Only serve what is shown on this menu. Nothing more.



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MEAT ALLERGY AWARE WEEK 1

W/C: 13/04/2026, 04/05/2026, 01/06/2026, 22/06/2026, 13/07/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	<u>SD</u> Vegan Cheese & Tomato Pizza 93220205 with Potato Wedges 93156646	Beef Bolognese 93227270 with <u>SD</u> Pasta CONTAINS SOYA 93163235	Roast Chicken 93037054 with Roast Potatoes 93035127 and Gravy 93034775	IOW Pork Sausages CONTAINS SULPHITES 93245857 With Mashed Potato 93046790 and Gravy 93034775	<u>SD</u> Fish Fillet CONTAINS FISH 93166795 with Chips 93544882
VEG	All main meals are served with two vegetables or salad. TO BE PRE-PLATED AND COVERED.				
DESSERT	<u>SD</u> Chocolate Crispie CONTAINS GF BARLEY MALT EXTRACT 93158451	<u>SD</u> Shortbread 93221990	Strawberry Jelly 93290175	<u>SD</u> Vanilla Crisp CONTAINS GF BARLEY MALT EXTRACT 93161371	<u>SD</u> Frozen Fruit Smoothie 93166797/ 93166798

AVAILABLE DAILY

- ✓ Jacket Potato with Baked Beans or Vegan Cheese (93034839 / 93227189)
 - ✓ SD Tomato Pasta (93171286) **CONTAINS SOYA**
- ✓ SD Ham Roll (93174783) or SD Vegan Cheese and Tomato Roll (93178597)
 - ✓ Cool Water, Fresh Fruit (93040542)

ONLY SERVE WHAT IS ON THIS MENU

SD = SEPARATE SPECIAL DIET RECIPE

N.B. Ketchup (**VMC 185485 - CONTAINS CELERY**) available with certain meals, do not serve to pupils with a celery allergy.

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MEAT ALLERGY AWARE WEEK 2

W/C: 20/04/2026, 11/05/2026, 08/06/2026, 29/06/2026, 20/07/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	<u>SD</u> Vegan Cheese & Tomato Pizza 93220205 with Potato Wedges 93156646	<u>SD</u> Chicken Burger 93170396 with Potato Wedges 93156646	Roast Gammon 93173553 with Roast Potatoes 93035127 and Gravy 93034775	Chicken and Vegetable Korma CONTAINS SULPHITES 93248310 with Wholegrain Rice 93035026	<u>SD</u> Fish Fillet CONTAINS FISH 93166795 with Chips 93544882
VEG	All main meals are served with two vegetables or salad. TO BE PRE-PLATED AND COVERED.				
DESSERT	<u>SD</u> Banana Oat Bite CONTAINS GF OATS 93170398	<u>SD</u> Shortbread 93221990	Strawberry Jelly 93290175	<u>SD</u> Chocolate Crispie CONTAINS GF BARLEY MALT EXTRACT 93158451	<u>SD</u> Frozen Fruit Smoothie 93166797/ 93166798

AVAILABLE DAILY

- ✓ Jacket Potato with Baked Beans or Vegan Cheese (93034839 / 93227189)
 - ✓ SD Tomato Pasta (93171286) **CONTAINS SOYA**
- ✓ SD Ham Roll (93174783) or SD Vegan Cheese and Tomato Roll (93178597)
 - ✓ Cool Water, Fresh Fruit (93040542)

ONLY SERVE WHAT IS ON THIS MENU

SD = SEPARATE SPECIAL DIET RECIPE

N.B. Ketchup (**VMC 185485 - CONTAINS CELERY**) available with certain meals, do not serve to pupils with a celery allergy.

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MEAT ALLERGY AWARE WEEK 3

W/C: 27/04/2026, 18/05/2026, 06/07/2026, 29/06/2026, 27/07/2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	<u>SD</u> Vegan Cheese & Tomato Pizza 93220205 with Half a Jacket Potato VMC 6359	<u>SD</u> Cheesy Bean Burrito 93194976 with Wholegrain Rice 93035026	Roast Chicken 93037054 with Roast Potatoes 93035127 and Gravy 93034775	<u>SD</u> Tomato Pasta CONTAINS SOYA 93171286	<u>SD</u> Fish Fillet CONTAINS FISH 93166795 with Chips 93544882
VEG	All main meals are served with two vegetables or salad. TO BE PRE-PLATED AND COVERED.				
DESSERT	<u>SD</u> Shortbread 93221990	Strawberry Jelly 93290175	<u>SD</u> Chocolate Crispie CONTAINS GF BARLEY MALT EXTRACT 93158451	<u>SD</u> Frozen Fruit Smoothie 93166797/ 93166798	<u>SD</u> Banana Oat Bite CONTAINS GF OATS 93170398

AVAILABLE DAILY

- ✓ Jacket Potato with Baked Beans or Vegan Cheese (93034839 / 93227189)
 - ✓ SD Tomato Pasta (93171286) CONTAINS SOYA
- ✓ SD Ham Roll (93174783) or SD Vegan Cheese and Tomato Roll (93178597)
 - ✓ Cool Water, Fresh Fruit (93040542)

ONLY SERVE WHAT IS ON THIS MENU

SD = SEPARATE SPECIAL DIET RECIPE

N.B. Ketchup (VMC 185485 - CONTAINS CELERY) available with certain meals, do not serve to pupils with a celery allergy.